

Pres-Bits Newsletter

The Presbyterian Church of Washington

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Dear Friends,

Ever since I moved to Missouri from Minnesota, I have appreciated the mild Missouri winters. I hardly ever wear my parka. I haven't purchased a ski mask in years. And, my thermal underwear got lost somewhere in the move from Minneapolis. And, I miss them about as much as I miss the frigid temperatures of mid-Minnesota. Which is to say, I don't miss them AT ALL!

However, I do have to admit, after ten years of living in Missouri, I still have not adjusted to these Missouri summers. I don't have to tell you how hot it has been the last couple of weeks of July. I imagine you noticed the heat indexes that surpassed 110 degrees! That's craziness!

Excessive heat tends to bring out the worst in us. We tend to grumble a bit more. We're a lot less patient with each other. And, we tend to isolate ourselves from the larger community as we hesitate to leave the comfortable confines of our air conditioned homes. Essentially, excessive heat can be as harmful to us spiritually as it is to us physically.

So, what are some good ways that we can “Beat the Heat?” What can we do so the heat doesn't damage our spiritual health?

I found some good ideas from a woman named Julia Bettencourt who is active in women's ministries. She gives some suggestions on her web-site for those of us who want to spiritually survive these heat waves. Here are some of her suggestions:

- Spend Time in the Shade.

As Christians the best place to spend time in the shade is to spend time with the Lord in prayer and praise. We need to just sit at His feet and talk to Him.

“The LORD is your keeper; the LORD is your shade at your right hand. The sun shall not strike you by day, nor the moon by night.” – Psalm 121: 5-6

- Hydrate.

Here we are with all that heat of the world beating down on us and it takes so much out of us. It dries us out. What better way to quench our thirst than by reading and studying the Word of God?

“As a deer longs for flowing streams, so my soul longs for you, O God. My soul thirsts for God, for the living God. When shall I come and behold the face of God?” – Psalm 42: 1-2

- **Slow Down.**

As Believers, we have to take the time to slow down and think before we get into trouble with our tongue and our actions. We don't want to become hot-headed.

“You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger.” – James 1:19

May we all take some time this hot, hot, HOT summer and spend some time in the shade, hydrate and slow down.

Blessings,
Pastor Pat

Our Church Mission Statement

Jesus Christ calls us to:

- *Enliven our spiritual lives by experiencing God among us,*
- *Grow in love for one another as children of God,*
- *Invite all to share in our fellowship,*
- *Demonstrate God's love through service to others.*



August Office Hours

The church office is open Monday through Friday, 8:30 a.m. - 1:30 p.m.

Current Elders

David Brunworth	636-239-4102	dbrunworth@hotmail.com
Vivian Marshall	636-667-0013	marshv1849@att.net
Barbara Schofield	636-390-4123	barbara.schofield2003@gmail.com
Sid Thayer	636-239-7617	sidneythayer@yahoo.com
Bruce Wiese	636-432-1057	ssswbw@charter.net
Jamie Tucker	314-814-2780	jmtsrvir09@gmail.com
Mary Ellenberger	636-742-4591	maryvet01@yahoo.com
Kathy Froning	636-239-7995	kathyfroning@yahoo.com
Lois Kempf	314-630-8379	loiskempf@hotmail.com
Karen Ladd	636-239-5271	jladd001@charter.net
Tim Urban	636-239-2082	tim.urban22@yahoo.com
Mary Eleanor Farrell	636-239-7300	mef@yhti.net

The Lord's Supper

The sacrament of Communion will be served on Sunday, August 7.

Communion Assignments for August:

Preparer: David Brunworth

Servers: Sid Thayer, Vivian Marshall, Lois Kempf

Worship Assignments for August:

Sound Tech:

8/7/2016 Allen Vogt
8/14/2016 Ian McCracken
8/21/2016 Joe Hagan
8/28/2016 Tom Ellenberger

Worship Leader: John Bugele

Ushers

Judy Bierbaum & Mauri Truesdell

Greeters

Anna Mae Boehmer & Karen Ladd

Good News!

Last winter Jean Van Der Kamp had Loving Hearts Outreach apply for a grant from Alternative Gifts International for food. Remember that was one of the 30 items we could select when we had our Alternative Gifts Market in November. Friday she learned that Loving Hearts Outreach received a check for \$1,500 for food. Thank you to all who participated in this great mission project.

Thank You

Thank you to my church family for all the cards, visits, great food and phone calls during my recent shoulder surgery recovery! The therapy will continue a little longer than expected but hope for a full recovery. Your kindness was very much appreciated! Becky Vogt

Choir

Choir will start practicing for the upcoming season beginning on Sunday, August 28th. Practice starts at 9:00. We will perform our first anthem on September 11th. We would love to see some new faces in the choir! Any questions please contact John Bugele at 636-346-2133.



All-Church Potluck

The next pot luck will be Wednesday, August 10 at 5:30 p.m. Grilled hamburgers and brats will be the meat dish. The guest speaker will be Harriet Hall from Nicaraguan Community Partnership. Come for the meal! Stay for the mission!

Camp Peace THANKS!

Many, many thanks to all the wonderful and energetic volunteers that made our Camp Peace VBS go off without a hitch the week of June 27th – July 1st. They were full days but we all had lots of fun and enjoyed getting to know all of the children.

We had anywhere from 18-26 kids attending each day and many were from outside our church. Please thank our volunteers below and see how many people it took to pull this all together. Also, many thanks to the people that donated all the food we had at our Camp Peace as we fed the children breakfast, lunch and a snack daily!

The adults that prepared lessons, crafts, stories and daily activities: Jocelyn VanBuskirk, Heather Miller, Gerry Urban, Christy Eckert, Jamie Tucker, Kathy Froning, Laura Conley, Vivian Marshall, Anna Mae Boehmer, Janet Aaron, Barbara Pierce, David Brunworth, Lois Kempf, Pamela Kellermann, Judy Bierbaum, Sharon Fenner, Diane Brunworth, Gretchen Farrell and Pat Gruber.

Our Youth Group members that shepherded the children around to each day's activities and places around the church: Alex Johnson, Kaci Conley, Miles McCracken, Olivia Tucker Danielle Tucker and Jordan Cuneo.



Triennium Report

Early Saturday evening, July 23rd, six of our youth returned to St Louis from the 2016 Presbyterian Youth Triennium! They all had an amazing week worshipping together with 5,000 other Presbyterian youth from around the country and the world. They participated in small groups where they were challenged to "Go" and live out their faith in their communities. Haylee Struckhoff, Danielle Tucker, Miles McCracken, Olivia Tucker, Alex Johnson and Katie Farrell have LOTS of stories to tell. So, ask them about just some of their Triennium experiences. They had a BLAST, but are also coming home inspired to "Go" and put their energized faith into action. We are hoping for a more formal report to the congregation from our delegates sometime this fall.

Circle of Friends

Circle of Friends will meet on August 4th and August 18th to discuss Lesson 9, the final lesson in the year's study, "Come to the Waters." The Lesson title is "River of Life - Hope" and the Scripture for discussion is Revelation chapters 21 and 22. The 2016-17 Horizons Bible Study will begin in September. The title of the study is "Who Is Jesus?-What a Difference a Lens Makes." The study guide will be available at the August meetings; please bring \$8.00 to reimburse Jean for your copy of the study. – Jocelyn

PCW Movie Nights!

Church Movie Nights are ON!! Our first official MOVIE NIGHT is coming up soon on Sunday, August 14th, at 7pm in the Fellowship Hall when we will watch the new Disney animated film "Zootopia" to end the summer with a bang! The movie is FREE to all, as is the popcorn, soda and water bottles. Please bring your own choice of seating, lawn or stadium chairs, pillows and/or blankets, etc. Come have some movie fun with us and watch for a different movie coming each month!!



Warblers

Warblers will meet on Wednesday, August 31. We would love to have more voices come. The only requirement is to make a "joyful noise." Call Anna Mae Boehmer for more information at 239-3344 or call 314-691-0473.

Adult Sunday School

There will be no Adult Sunday School in August.

Harvest Table

Our next Harvest Table supper event is coming up soon on Saturday, August 20th and all the sign-ups are posted in the narthex, so please check them out! We only need salad and fixings, and volunteers this time (we already have our dessert, yummy cookies, made, done and frozen, many thanks to our Youth Group kids!). This is a great time for any first time volunteers to check this event out. The Harvest Table is a wonderful, large and complimentary meal that individual groups prepare and serve for our community friends at St. Peter's UCC church in a formal sit down style. This is always a wonderful volunteer opportunity as it is very organized and fun to do with fellow church friends and members! Any questions? See Gretchen Farrell or Lois Kempf.



August Birthdays

8-1	Jenny Scheibe	8-21	Matthew Becker
8-4	Wilma Luker	8-21	Jared Thater
8-7	Barbara Pierce	8-22	Isabella Kampshroeder
8-14	Jane Lohan	8-23	Kathryn Becker
8-14	Fred Taubel	8-25	Gary Froning
8-18	Vivian Marshall	8-30	Janet Thayer
8-18	Mauri Truesdell		

Youth Group

Welcome Back to Youth Group, everyone! We will officially start our Youth Group year on **Wednesday, August 17th, from 6:30pm-8pm.** Weather permitting, we will do some outside activities and maybe even go have some SNOW CONES! So please join us for our KICK-OFF to the school year! In September, we will meet on Wednesday, September 7th and 21st. We will continue to meet on our regular schedule of meetings with the first and third Wednesday nights in the Church Youth Group room (Room #10), the first room to the right off of the Fellowship Hall. The first Wednesday of the month we usually do a mission project and on the third Wednesday, we usually have a fun activity(always a surprise!). All Youth from 6th – 12th Grades are welcome to come have some fun, snacks, a short Bible Lesson and a great time to be with other Christian Youth. Any questions? Just ask any of the YG sponsors: Laura Conley, Gretchen Farrell and Ian McCracken.

Men's Ministry

The Men's Ministry group meets every third Saturday of the month at 7:30 am for breakfast, fellowship and prayer. August's meeting will be Saturday, August 20.

Food Pantry Items of Month

The shelves at Loving Hearts Outreach are still running low. In an effort to revitalize our sense of mission to this organization, we will be collecting specific items for the food pantry each month. August's items are **Canned Fruits, Soups and Dry Pastas**. All through the month of August, you are encouraged to bring these items and place them in the donation box for Loving Hearts. They can also use canned vegetables, canned meats, and cake mixes – basically anything non-perishable. Empty egg cartons can also be used. Thank you for your generosity!

Presby Scrip Program

The Scrip Program will continue to keep the most popular restaurant gift cards available for you to purchase immediately following worship every Sunday.

With school beginning in just a few weeks don't forget about those school items you'll need beyond the normal everyday purchases and stock up on gift cards. Listed below are some special rebates the program is offering if you order by August 5th:

Cabela's	11%	14%
American Eagle	10%	12%
iTunes	5%	10%
JCPenney	5%	6%
JiffyLube	8%	10%
Old Navy	14%	19%
Payless Shoes	13%	15%
Target	2.5%	4.5%
Under Armour	11%	14%
Bed Bath & Beyond	7%	8%
Gap	14%	19%

And, there's more listed online at shopwithscrip.com as well as a full list of all National merchants. A list of popular National merchants and Local merchants can also be found on the church website at presbywashmo.org.

Stop by the Scrip table on Sunday right outside the Sanctuary to order gift cards. Remember, if you order one Sunday, they'll be ready for you to pick up the next Sunday.



Change for Chickens

Are your pockets dragging you down with too much change? Are you paying for things with pennies and nickels to get rid of change? How about making a donation to Change for Chickens. A worthwhile cause to help others and get rid of that pesky change.

The Refuge

This month, "The Refuge" will have special focus: Friends and Family of Alcoholics/Addicts. If you have someone close to you who is struggling with an addiction, you are not alone. Come to "The Refuge" and find God's support. Or, if you have any experience helping a loved one through an addiction, or if you yourself are celebrating recovery, your insight and perspective could prove very valuable. This special gathering of "The Refuge" will be on Thursday night, August 11th at 7pm. We will meet in the middle classroom off of the Fellowship Hall. "The Refuge" is an open door support group. You may come once or as often as you like. An oath of confidentiality is expected by all who attend.

Wish List

The WISH LIST has been updated and is now available on the small table outside the Sanctuary for you to take and review at your leisure. The WISH LIST shows all the items already purchased with church member gifts up to now along with the \$35,000 Boiler replacement last year. It has been a real blessing to the church needs and programs to receive all these special gifts not able to be in the budget this time. The WISH LIST itemizes the remaining wishes submitted by various committees of the church. Anyone wanting to purchase an item can do so by sending a check to Carol in the church office and she will handle getting the item(s). Partial gifts are welcome on some of the items and we will deposit the money in an escrow awaiting the balance to be contributed by others. Thank you all for your support of this WISH LIST. It has made a big impact on the needs of the church and enhancement of its programs.

Progressive Dinner

If you have signed up for the Progressive Dinner, a reminder to mark your calendars for August 13th. Details will be given to participants the week before. Signup date has passed.
Church Life Committee

Name Tags

A new name badge signup sheet has been posted on the bulletin board. Nametags are important to all to all of us, and especially so for new members and visitors. Both lanyard and pin on badges are available. Please sign the sheet or contact Judy Bierbaum at 636-432-1293.



Prayer for Life (PFL) meets Tuesdays at 7:00 a.m.

Prayer can be the glue that holds individuals, couples, ministry teams, families, and churches together and the fuel that makes them soar. It is the means by which we can all engage in ministry to each other. Join us on Tuesdays at 7:00 a.m. We study and learn a variety of prayer methods, both as individuals and as a group, to connect people and their needs to God.



Bridge

Please join us on Fridays from 7:00 – 9:00 p.m. to play Bridge. Everyone is welcome to come and play. Bring your friends.



Creative Hands Group

Meetings are normally every Tuesday of the month. The quilt frame is set up and quilting is going strong! For information, please contact Barbara Duemler.



MEMBERS WITH CONTINUING NEEDS

Heather Miller, Barbara Pierce, Whip Schultz, Don & Connie Conrad, Karla Becker, Janet Aaron, Scott McCracken, Laura Fenner, Joy Kopp, Tim Culp, Jean Van Der Kamp, Becky Vogt, Patricia Bagley, Pam Schwarzen, Marcy Ritchey.

GRANDVIEW: Christine Lewis

SOUTH POINTE: Elsie & Jack Truesdell, Elaine Dodson, George Peters

CEDAR CREST: June Kleberger, Dorothy Mutert, Beth Saunders,
Lisa Conrad

PARK PLACE ASSISTED LIVING (O'Fallon) Boots Bonney

FRIENDS OF THE CHURCH REQUESTING PRAYERS:

Vicky Vogel (sister of Karla Becker)

Anna Roetheli (friend of the church)

Laura Leigh Rhoades (daughter of Laura Evans)

Dixie Kottwitz (friend of the Bierbaums)

Jeff Pierce (son of Barbara Pierce, brother of Janet Aaron)

Phil Colter (friend of Mauri Truesdell)

Rick Kresse (father-in-law of Mauri Truesdell's daughter)

Sarah McGurthy & family (daughter of Ollie & Virginia Whyte)

Taylor Bierbaum (grandson of Judy & Luther)

Holly Stoltz-Smith (friend of the church)

Betty Buerk (relative of Schultz, Vogt, Struckhoff)

Jean Kimme (friend of Barbara Schofield)

Rena Middendorf & Family (niece of Kathy Froning)

Pam Evangelist (sister of Sharon Fenner)

Ray Tucker (father-in-law of Jamie Tucker)

Alexandria Caldwell (friend of Becker family)

Joe Bryant (friend of Lya Struckhoff)

McKenna Kleinheider (granddaughter of June Gellhausen)

Felix Frye (brother-in-law of Trisha Bagley)

Charles Bagley (brother of Trisha Bagley)

Jill Ince (friend of the church)

Alex Settles (friend and coworker of Robbin Thayer)

Debbie Bernardoni (friend of Tim Culp)

Annabelle Krueger (granddaughter of a friend of Tim Culp)

Debbie Usry (friend of Melissa Joyce)

Lorraine Kellermann (mother of Bill Kellermann)

Family of Jordan Pennington (godson of Mauri Truesdell)

Family of Jeffrey Deters (son-in-law of the McDonald's)

Sibyl Kerr (friend of Sharon Fenner)

Jennifer Orfgen (daughter of Vivian Marshall)

Lisa Brule (sister of Vivian Marshall)